



INTERNATIONAL CONFERENCE ON ADVANCES IN SCIENCE, ENGINEERING,
MANAGEMENT AND HUMANITIES (ICASEMH – 2023)
26TH FEBRUARY, 2023

CERTIFICATE NO : **ICASEMH /2023/C0223209**

Influence Of Socio- Psychological Factors On Secondary School Students

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ABSTRACT

The influence of socio-psychological factors on secondary school students is profound and multifaceted, shaping their academic performance, social interactions, and overall well-being. Social environments, including family dynamics, peer relationships, and school culture, play a crucial role in students' development. Positive support from family and teachers can enhance self-esteem and motivation, fostering a conducive learning atmosphere. Conversely, negative peer pressure and bullying can lead to anxiety, depression, and a decline in academic performance. Psychological factors, such as students' self-concept, resilience, and emotional regulation, further influence their ability to navigate academic challenges and interpersonal relationships. Understanding and addressing these socio-psychological factors is essential for creating supportive educational environments that promote both academic success and mental health among secondary school students.